

DON'T DROP THE BALL

“Remember Your Purpose”



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AGENDA



- Remember your Purpose.
- Why Educators Get Burn-Out?
- Prevention of Teacher/Educator Burn-Out
- Interactive Activity: Part One:
 - Building the Foundation
- What Kind of Students Are You Teaching?
 - Student Barriers
 - Student Challenges
- Interactive Activity Part Two: The BALL
- Questions?

Remember Your Purpose



WHY DO TEACHERS GET BURNOUT?

- Excessive Workload
- Lack of Support
- Poor Working Conditions
- Limited Autonomy
- Negative Relationships with Students
- Negative Relationships with Parents
- Lack of Appreciation
- Isolation from Colleagues

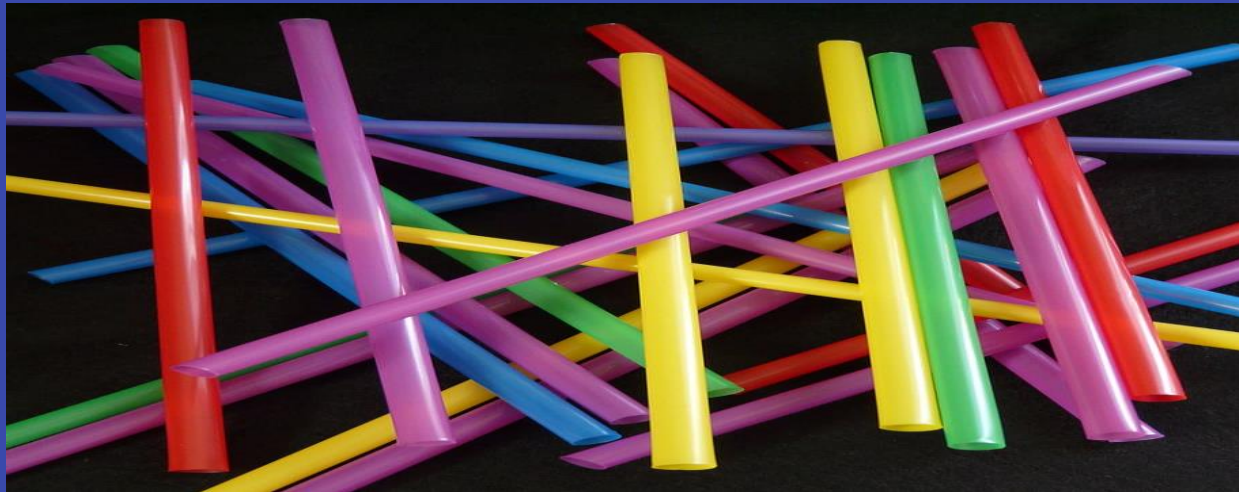


PREVENTION OF TEACHER BURNOUT

- Set boundaries.
- Manage workload.
- Practice time management.
- Embrace Self-Care.
- Stay passionate and curious.
- Become the best teacher you can be.

BUILDING THE FOUNDATION

Interactive Activity: Part 1



WHAT KIND OF STUDENTS ARE YOU TEACHING?

Intrinsic Barriers

Barriers that come from within:

- Physical
- Neurological
- Psychological
- Sensory Impairments that result in diminished intellectual performance

Extrinsic Barriers

Barriers that are external factors outside the learner. These external barriers impact the learner's ability to focus or absorb information.

- Inadequate parental involvement.
- Problems in family (home life).
- Socio-economic factors.

THREE LEARNING BARRIERS

Emotional Learning Barriers

Motivational Learning Barriers

Personal Learning Barriers

STUDENT CHALLENGES

1. Poverty
2. Homeless Families
3. Child Abuse and Neglect
4. Bullying (Cyber Bullying)
5. Violence (Home and/or community)
6. Obesity or Eating Disorders
7. Sex and Pregnancy
8. Drugs
9. Drop Outs



THE BALL

Interactive Activity: Part 2



CONCLUSION

Bringing it all together

The ball in this activity represents the student in your class. You have the foundation built; now it's time to see if your foundation can hold up your ball.

Remember each student brings their own barriers and challenges so you never know how much or what kind of “ball” you will get.

Think about your purpose and your foundation. You have what you need to make a difference in a student's life. It's up to you to make a difference..

JUST DON'T DROP THE BALL!!

Thank you for your participation!

